

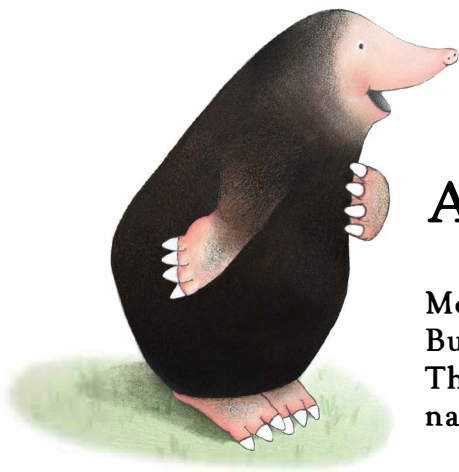
Dig into fun!

An
activity kit
for



A Friend
for Mole

NANCY ARMO



A FRIEND FOR MOLE

Mole ventures outside his burrow looking for adventure. But once outside, the world feels strange and frightening. The bright light scares him into hiding and he decides to nap until dark when it will be easier to see.

When he wakes up, he realizes that he's lost and he is not alone! Someone else is lost and scared too. Together they learn how friends can help conquer fears.

A FRIEND FOR MOLE explores themes of friendship, trust, and overcoming fears through creative problem solving.

About Nancy Armo

Nancy graduated from the University of Washington with a degree in graphic design. A former art director for several technology firms, she now works full time painting, writing, and illustrating children's books.

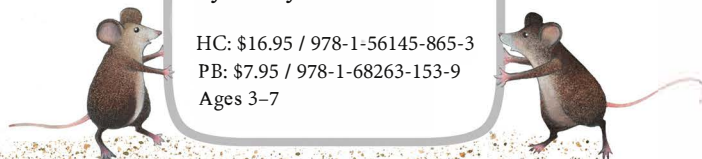
The inspiration for this book came from her young son, who observed that while everyone is scared of something, friends can help.

For more information, visit her at www.nancyarmo.com.



A Friend for Mole
written and illustrated
by Nancy Armo

HC: \$16.95 / 978-1-56145-865-3
PB: \$7.95 / 978-1-68263-153-9
Ages 3-7



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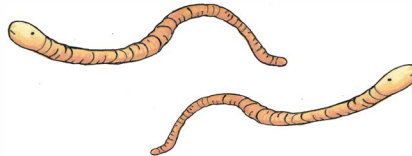
What is a mole?



Moles are small animals about 5 inches long. They are members of a family of mammals commonly called insectivores, which means that insects make up a large part of their diet.

But moles also LOVE to eat earthworms. In fact a mole can eat between 45 and 50 pounds of worms in a year. They paralyze the worms with toxins in their saliva and store them to eat later.

Moles have small eyes with poor eyesight. They use their sense of touch from the sensitive whiskers on their snout and a strong sense of smell to find their meals. They can feel the slightest vibration in the soil, which is good for catching worms.



Blindfold Box Game

Description: Give children the opportunity to match objects while blindfolded using tactile cues. They'll use one hand, like a mole uses their snout with the understanding that moles don't use their "hands" to identify their food.

Supplies: Blindfolds, box with one small opening just big enough for a hand, packing peanuts, and a variety of small objects. You'll need two of each object, one for inside the box and one for the child to use as a reference.

Play: Blindfold the child and hand them an object. Their task is to find the same object mixed with the packing peanuts in the box, using one hand and only their sense of touch.

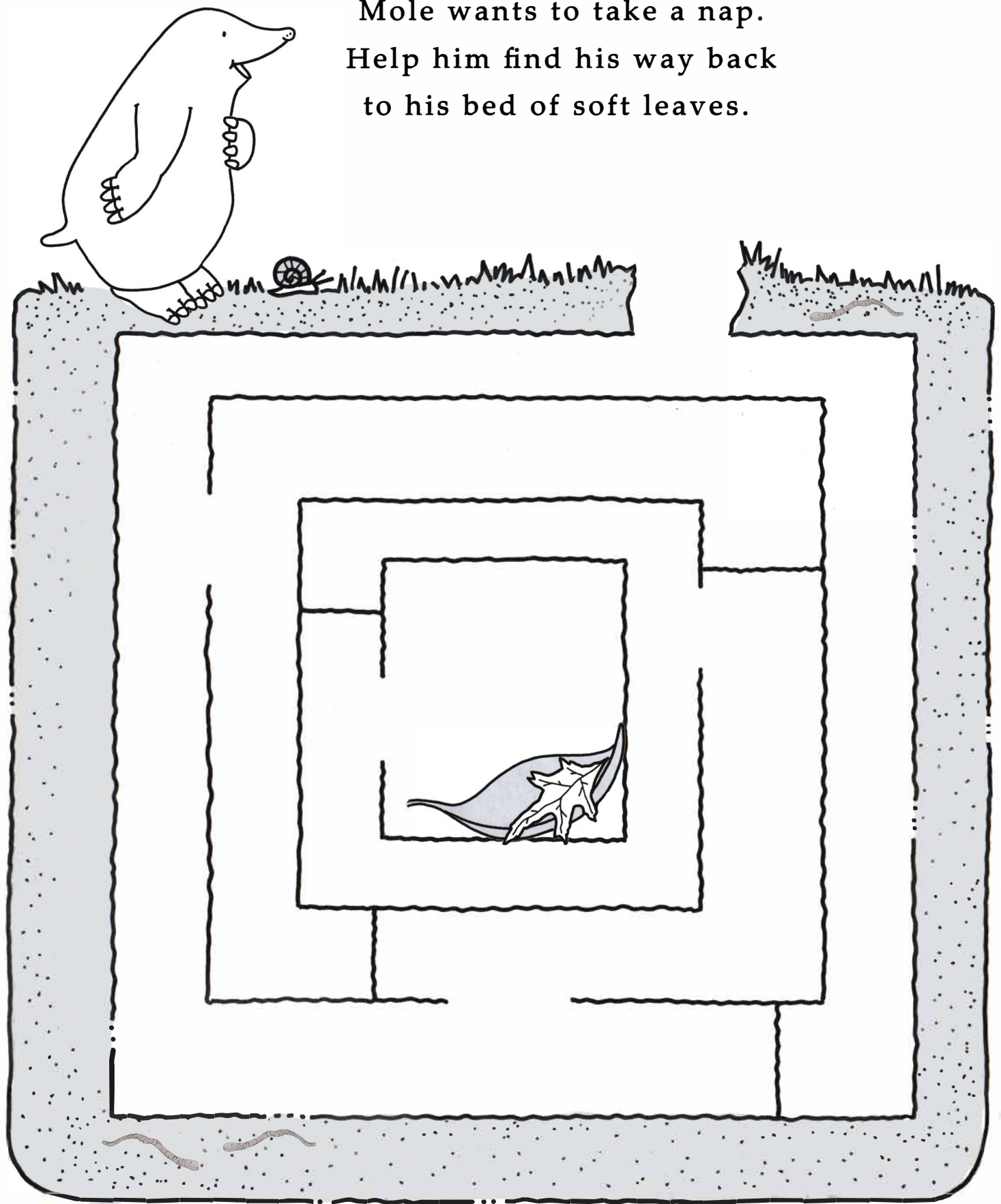


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Mole wants to take a nap.
Help him find his way back
to his bed of soft leaves.



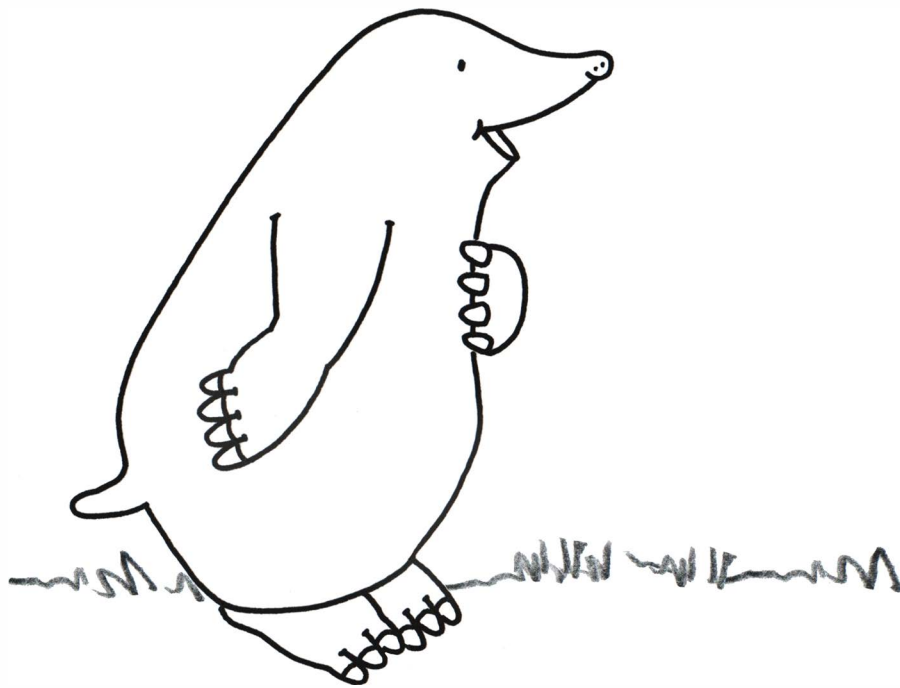
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Mole Word Search

W	S	F	D	I	G	T	E	C
O	P	N	E	X	Q	U	Y	S
R	G	Y	O	F	A	N	E	X
M	O	L	E	U	B	N	S	X
S	M	A	L	L	T	E	A	H
A	F	U	R	R	Y	L	P	M
E	R	T	P	A	W	S	P	L



eyes
snout
paws
worms
dig
tunnels
furry
small
mole



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Color Mole and friends.



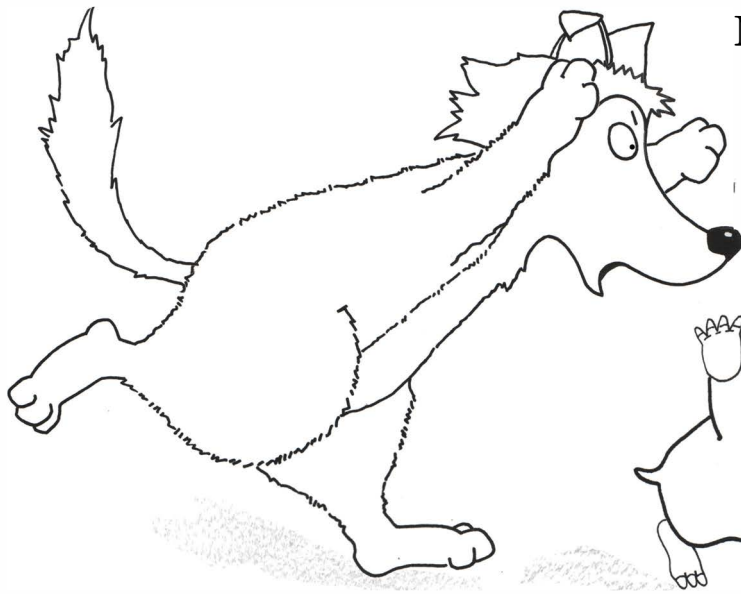
colored by _____



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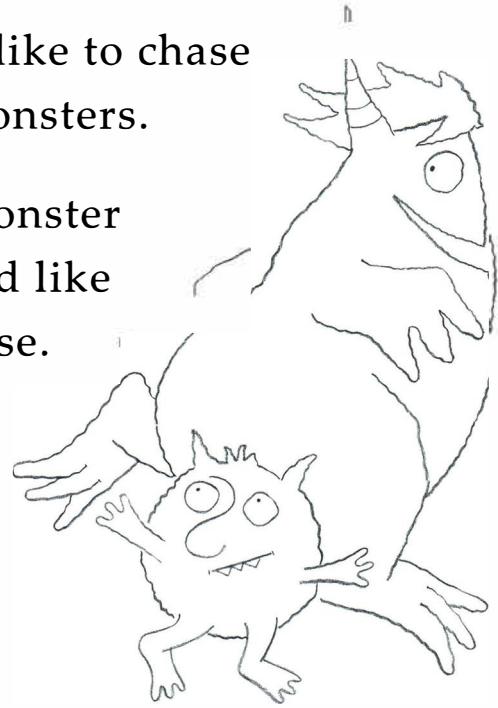
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Mole and Wolf like to chase
pretend monsters.

Draw a monster
you would like
to chase.



drawn by _____

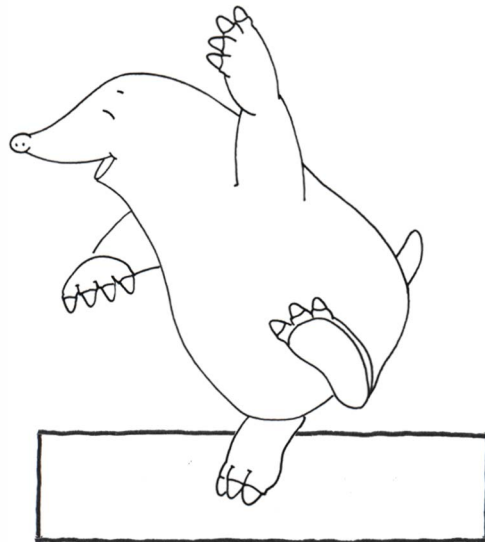
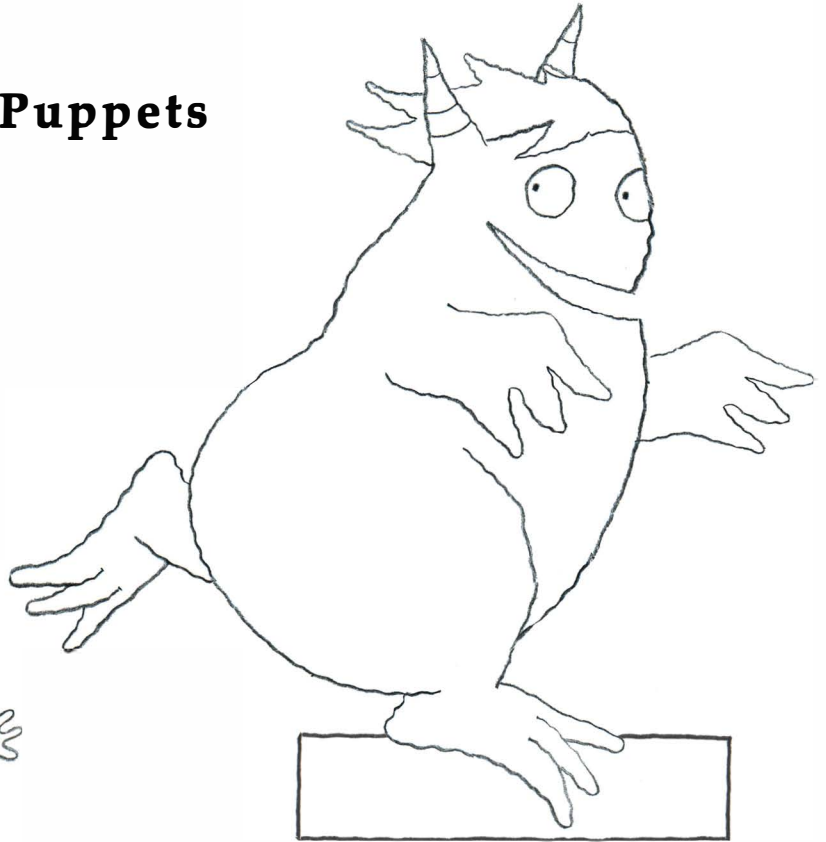
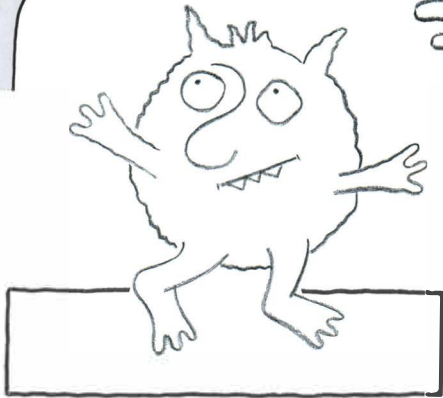
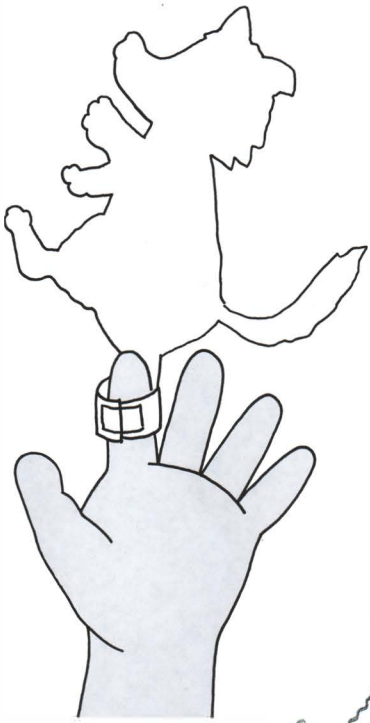


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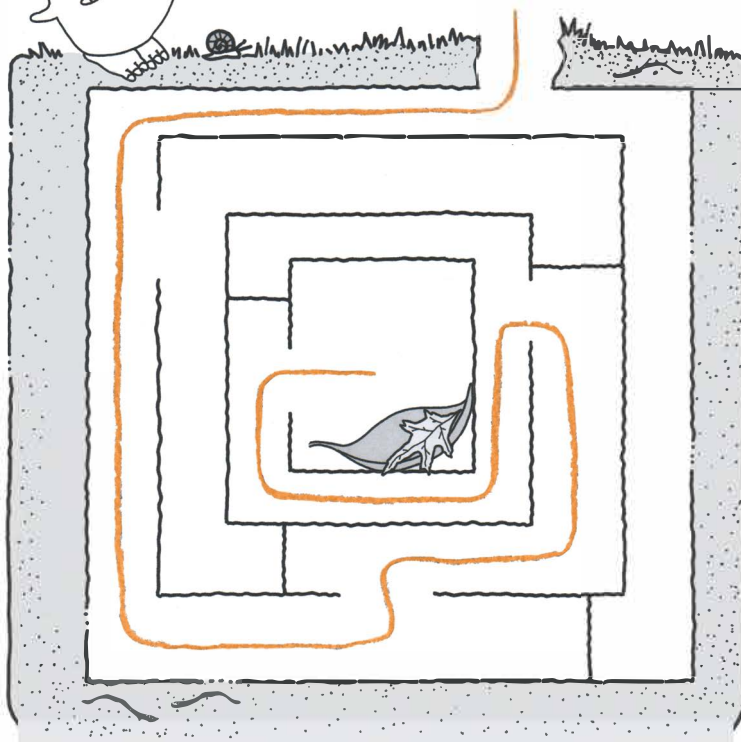
Finger Puppets



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R	G	Y	O	F	A	N	E	X
M	O	L	E	U	B	N	S	X
S	M	A	L	L	T	E	A	H
A	F	U	R	R	Y	L	P	M
E	R	T	P	A	W	S	P	L



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