

# FRANKFURT ADULT RIGHTS GUIDE

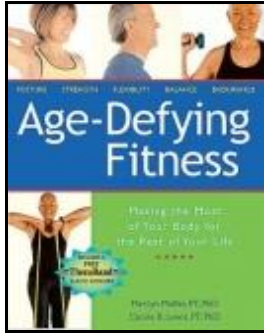
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**AGE-DEFYING FITNESS** Marilyn Moffat, PhD

Growing older does not mean accepting diminished fitness. Two of the nation's top physical therapists show how to assess your fitness levels and create a specific profile to achieve optimum physical health.

Moffat and Lewis show how to overcome the aches, stiffness, and unsteadiness in your muscles and joints. Using their simple, self-administered tests, you will assess your level of physical performance in these five critical domains: posture, balance, strength, flexibility, and endurance. The authors help you develop a personal profile according to the results of these tests.

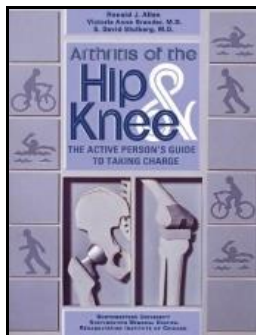
*PB; 7 x 9; 288 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

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**MARILYN MOFFAT, PT, PhD**, is a Full Professor of Physical Therapy NYU, where she directs both the professional doctoral program (DPT) and the post-professional graduate master's degree program in pathokinesiology. Dr. Moffat is an internationally recognized practitioner, teacher, and author.

[http://steinhardt.nyu.edu/faculty\\_bios/view/Marilyn\\_Moffat](http://steinhardt.nyu.edu/faculty_bios/view/Marilyn_Moffat).



**ARTHRITIS OF THE HIP AND KNEE** Ron Allen, S. David Stulberg, MD, and Victoria Anne Brander, MD

A comprehensive, easy-to-understand handbook that empowers patients by allowing them to take control of their treatment and recovery process.

This book highlights the recent substantial advances made in the treatment of osteoarthritis of the hip and knee. It encourages patients to take charge of their situation: to actively participate in the decision-making about their treatment and to become and stay physically active. It is the collaborative effort of three people – a patient, an orthopedic surgeon, and a physiatrist – each contributing valuable insight into the treatment of osteoarthritis and the rehabilitation process

*PB; 7x9; 256 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

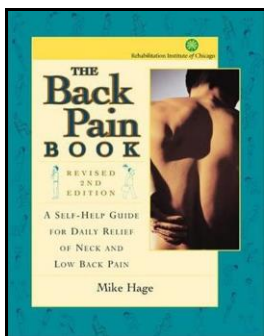
**RON ALLEN** is a graduate of the University of Michigan and a professor at Northwestern University School of Law. He has lectured all over Europe and in Australia and New Zealand.

<http://www.law.northwestern.edu/faculty/profiles/ronaldallen/>

**S. DAVID STULBERG, MD**, is a professor of orthopedic surgery at Northwestern University School of Medicine. <http://www.northwesternorthopaedicinstitute.com/s-david-stulberg.html>

**VICTORIA ANNE BRANDER, MD**, is a professor at Northwestern University School of Medicine. She was the director of the Arthritis Center at the Rehabilitation Institute of Chicago (RIC).

<http://www.northwesternorthopaedicinstitute.com/victoria-anne-brander-profile.html>



**BACK PAIN BOOK, THE** Mike Hage

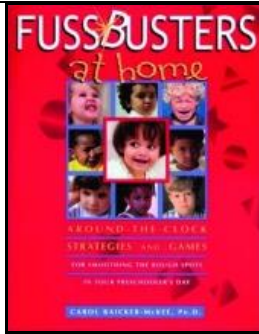
Eighty-five percent of people suffer from some type of back pain, and our sedentary lifestyles only exacerbate the problem. Drugs and surgery are costly solutions for easing the symptoms. This book, written by physical therapy experts at The Rehabilitation Institute of Chicago – the top-ranking rehab hospital in the US – empowers you to take control of your pain by managing it, so that its impact on your life is minimized. Emphasis is placed on using posture, positioning, and movement to ease, relieve, and prevent the reoccurrence of pain.

*PB; 7 x 9; 256 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

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**MIKE HAGE, MS, PT**, was the physical therapy supervisor for the Pain Program at the Rehabilitation Institute of Chicago.



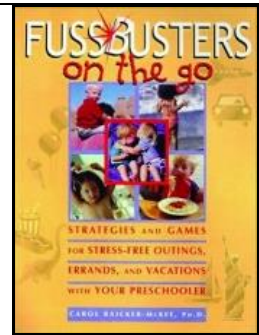
**FUSSBUSTERS AT HOME** Carol Baicker-McKee, PhD

Here is a unique parenting book filled with coping strategies, activities, and ideas for successfully managing day-to-day life with preschoolers. Arranged chronologically over the course of a day, chapters address such topics as waking up, dressing, and managing the morning rush; successful napping without struggles; managing sibling rivalry; making the most out of outdoor play; and, finally, winding down, bath time, and bedtime. Special attention is given to helping preschoolers cope with transitions, meal times, and changes in routines.

*PB; 7x9; 252 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

**CAROL BAICKER-MCKEE, PhD**, holds degrees from Yale University and the University of Virginia. She writes a monthly column for Nick Jr. magazine and has worked as a child and family therapist.

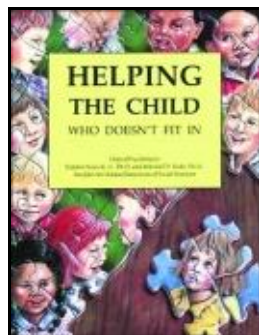


**FUSSBUSTERS ON THE GO** Carol Baicker-McKee, PhD

Whether parents are running errands with toddlers in tow or packing up the family for a long vacation, traveling with children can be a challenging experience. Boredom, delayed flights, long car rides, longer waits, and sibling squabbles can easily interrupt any adventure. Here is a one-of-a-kind survival guide for parents filled with practical strategies, activities, and ideas for making family outings successful, safe, and fun!

*PB; 7x9; 265 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree



**HELPING THE CHILD WHO DOESN'T FIT IN** Stephen Nowicki and Marshall Duke

Remember the kids who just didn't fit in? Maybe they stood too close, or talked too loud. Whatever the reason, we called them hurtful names, and they never understood why. Now, clinical psychologists Duke and Nowicki call these children "dyssemic," and offer some ideas of how to help them.

Dyssemic children cannot readily comprehend nonverbal messages, much as dyslexics do not correctly process the written word. Yet nonverbal communication plays a vital role in our communication with others, and children who misunderstand or misuse it may face painful social rejection. Duke and Nowicki show parents and teachers how to assess the extent of a child's problem, as well as how to help the dyssemic child.

*PB; 7 x 9; 192 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

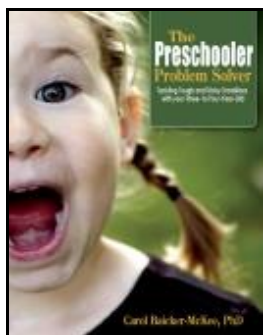
**Rights Sold:** Chinese (Simplified)

**STEPHEN NOWICKI JR., PhD**, is the author of over 150 publications and presentations and the coauthor of several books. He received his PhD from Purdue University.

<http://www.psychology.emory.edu/clinical/nowicki/index.html>

**MARSHALL P. DUKE, PhD**, holds degrees from Rutgers University and Indiana University. He is Charles Howard Candler Professor of Personality and Psychopathology at Emory University. He has published over fifty scholarly articles and coauthored several books.

<http://www.psychology.emory.edu/clinical/duke/index.html>

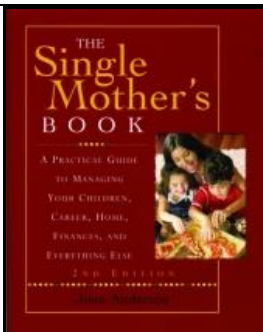


**PRESCHOOLER PROBLEM SOLVER** Carol Baicker-McKee, PhD

Parenting a preschooler is not for the faint of heart but Carol Baicker-McKee, Ph.D., shows parents how to make the most of the magical years of three and four by helping their children successfully negotiate new expectations and situations in the wider world. This focuses on the numerous transitions that occur as a child moves from a dependent toddler to a more social, independent preschooler. Each chapter begins with an introduction that highlights specific challenges, discusses relevant developmental issues, and offers ideas, strategies, and resources for how to handle new and often stressful situations. Attention is also given to the emotional challenges a preschooler can face whether it's learning to make friends or managing separations through divorce or death.

*PB; 7x9; 256 pages*

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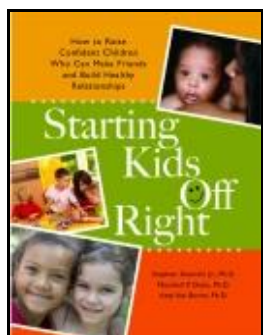
**SINGLE MOTHER'S BOOK** Joan Anderson

This comprehensive guide features practical solutions for surviving and succeeding as a single mother. Anderson offers real answers to real problems, covering: children, careers, finances, credit, taxes, insurance, retirement, affording your own home, post-divorce legal concerns, wills, home repair, burglar-proofing your home, blended families, resources, romance, physical and emotional well-being, and starting your own single mother's group.

*PB; 7x9; 320 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

**JOAN ANDERSON** is a former daycare center director and facilitator of the Single Mother's Group at Vanderbilt University.



**STARTING KIDS OFF RIGHT** Stephen Nowicki, Marshall Duke, and Amy Van Buren

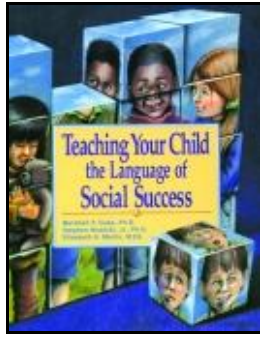
Clinical Psychologists offer parents, teachers, and caregivers insights gathered from decades of professional experience into the hows and whys of relationship building from infancy up to the age of twelve. Written in easy-to-understand, jargon-free language, the book begins with overviews of social development, human relationship theory, and the role of nonverbal language in forming relationships. The book is then broken down into chapters by developmental stages: infancy (birth to two years), childhood (two to five years), and juvenile era (five to ten years).

*PB; 7x9; 224 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

**AMY VAN BUREN, PhD**, holds degrees from Williams College and Emory University. She is an associate professor of psychology at Sacred Heart University in Connecticut. She has published articles on nonverbal behavior, attachment in adults and children, and interpersonal relationships.

[http://www.sacredheart.edu/pages/1504\\_amy\\_van\\_buren\\_ph\\_d\\_.cfm](http://www.sacredheart.edu/pages/1504_amy_van_buren_ph_d_.cfm)



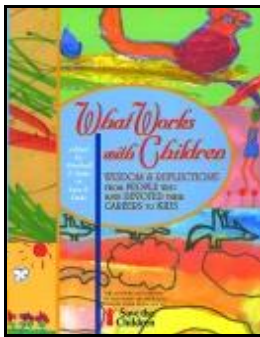
**TEACHING YOUR CHILD THE LANGUAGE OF SOCIAL SUCCESS** Marshall Duke, Stephen Nowicki, and Elisabeth Martin

Scientific studies show that up to 90% of any message is communicated nonverbally, and that non-verbal skills relate directly to academic achievement and social success. Only 10% of the population is truly deficient in these skills; 80% of us have room for improvement. Fortunately, nonverbal communication can be both taught and learned, just like any other language.

Clinical psychologists Nowicki and Duke have devoted their careers to this groundbreaking research. Now with educator Elisabeth Martin, they create a valuable book which shows parents and teachers how to improve children's nonverbal communication skills, offering the tools children need to communicate ideas and establish and maintain relationships. Using case studies, exercises, and illustrations, the authors outline the six channels of nonverbal communication and show adults how to access a child's strengths and weaknesses.

*PB; 7 x 9; 181 pages*  
**UK/ Aus, Translation, Audio, Dramatic:** Peachtree  
**Rights Sold:** Korean

**ELISABETH MARTIN** holds degrees from the University of Newcastle upon Tyne and the University of Kingston upon Thames. She has taught learning disabled students at the Dyslexia Institute in England and at several specialty schools in the United States.



**WHAT WORKS WITH CHILDREN** Marshall and Sara Duke

Marshall Duke, university professor, clinical psychologist, and best-selling author (*Helping the Child Who Doesn't Fit In*) and his wife, Sara Duke, a learning-disabilities specialist, have edited a collection of essays featuring advice for parents from forty professionals who have worked with children for at least twenty-five years – each a rich store of experience that adds up to one thousand years of wisdom. Teachers, pediatricians, social workers, guidance counselors, youth leaders, coaches, psychologists, clergy, and others across the country offer observations and insights gained from a life devoted to working with children.

*PB; 7 x 9; 245 pages*  
**UK/ Aus, Translation, Audio, Dramatic:** Peachtree  
**Rights Sold:** Korean

**SARA DUKE, PhD, MMSc**, holds degrees from Indiana University and Emory University School of Medicine. In her private practice, she has worked with over 3,500 children. <http://saraduke.com/>

**NON-FICTION - BIOGRAPHY**

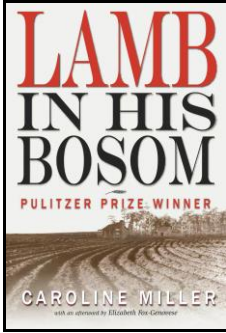


**MARGARET MITCHELL AND JOHN MARSH: The Love Story Behind Gone With the Wind** Marianne Walker

Based on almost 200 previously unpublished letters and extensive interviews with their closest associates, Walker's biography offers a new look into a devoted marriage and fascinating partnership that ultimately created a Pulitzer Prize-winning novel. Re-released in time for the 75<sup>th</sup> anniversary of the publication of *Gone With the Wind*.

In lively extracts from their letters to family and friends, John and "Peggy" describe the stormy years of their courtship, their bohemian lifestyle as a young married couple, the arduous but fulfilling years when Peggy was writing her famous novel, the thrill of its acceptance for publication and its literary success, and the excitement of the making of the movie. In telling the private side of this twenty-four-year marriage, Walker details their intimate and moving love story.

*PB; 6x9; 608 pages*  
**UK/ Aus, Translation, Audio, Dramatic:** Peachtree



**LAMB IN HIS BOSOM** Caroline Miller

This 1934 Pulitzer Prize winner tells the story of a pair of young newlyweds in antebellum rural Georgia.

Set in the Georgia backwoods about 20 years before the Civil War, the story begins at the start of Cean and Lonzo Smith's marriage. The story revolves around the life and thoughts of Cean, and how she manages as a young wife and mother. Her life is marked by hard work, love for her husband, and birthing, raising, and burying her babies.

Often called "The Poor Man's Gone with the Wind," Lamb In His Bosom is more reminiscent of Cold Mountain because it does not romanticize the South or the Civil War.

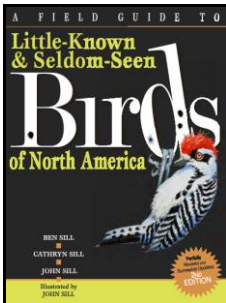
*PB; 5 1/2 X 8 1/2; 384 pages*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

**Rights Sold for series:** Chinese (Simplified); French; Macedonian; Bulgarian

- "Your book is undoubtedly the greatest that ever came out of the South about Southern people, and it is my favorite book." — **Margaret Mitchell**, author of *Gone With the Wind*, in a letter to Caroline Miller
- "It has a wonderful freshness about it; not simply the freshness of a new writer, but the freshness of a new world.... A wonderfully large and vital picture." — *The New York Times*

ADULT - HUMOR



**A FIELD GUIDE TO LITTLE-KNOWN AND SELDOM SEEN BIRDS OF NORTH AMERICA**, 2<sup>nd</sup> edition – Cathryn, John, and Ben Sill / John Sill

Birders and just about anyone who likes birds will delight in this field guide parody. Thirty-two fabulous new species are depicted in this volume, which features tongue-in-cheek descriptions, observation hints, and range maps, as well as remarkable full-color illustrations. You will never look at our feathered friends in the same way after encountering these frequent flyers.

*PB; 6 x 8 ; 112 pages; All Ages; 08/13*

**UK/ Aus, Translation, Audio, Dramatic:** Peachtree

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