# The splendor of spring and summer are here!



Want to delight your little ones with the wonders of spring and summer?

Read *Spring Babies* and *Summer Babies*, then dive into these easy, toddler-size activities that engage the senses and celebrate the seasons.



## **Spring Babies**

- 1. Pick dandelions and blow the seeds into the wind.
- 2. Is it raining? Head outside in boots and stomp and splash in puddles.
- 3. Find a gently sloping grassy hill and roll down. Watch out for rocks!
- 4. Head outside and listen to different bird calls. Also look for robins digging for worms and woodpeckers tapping.
- 5. Make a bird feeder using a pine cone, peanut butter, and birdseed. Hang it on a tree outside the window and observe the different visitors throughout the season.
- 6. Have a picnic outdoors at a park or indoors on the floor.
- 7. Feed the ducks at a pond.
- 8. Fly a kite and feel the gusty wind.

### **Summer Babies**

- 1. Visit a butterfly garden OR start one! https://nababutterfly.com/start-butterfly-garden/
- 2. Run through a water sprinkler.
- 3. Watch bumblebees buzzing in and out of gardens, finding pollen and nectar.
- 4. Search for four-leaf clovers.
- 5. Eat watermelon slices, popsicles, or ice cream outside.
- 6. Go on a bug hunt. Look for ants, bumblebees, butterflies, ladybugs, and spiders.
- 7. Blow bubbles! Use different size wands for added fun.
- 8. Make a gardening sensory bin using potting soil (or dried black beans), small rocks and pebbles, faux flowers, small containers, and gardening tools.







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# Celebrate the wonder of the seasons!

Want to bring *Autumn Babies* and *Winter Babies* to life with your little one? Below are some simple, toddler-appropriate activities that engage the senses and provide an elementary introduction to all the wonders of the seasons.



#### **Autumn Babies**

- 1. Go on a Fall Scavenger Hunt! Make a list of items associated with fall (e.g., leaves, squirrels, acorns, sticks, pine cones) and search for each one while walking in the park or in the backyard.
- 2. Create a sensory bin with the scavenger hunt items.
- 3. Listen for birds singing and woodpeckers pecking.
- 4. Create a collection of leaves in different shapes and colors
- 5. Make a pile of leaves, then jump in!
- 6. Watch squirrels chasing each other in the trees.
- 7. Roll down a hill.
- 8. Visit a pumpkin patch or apple orchard.



#### **Winter Babies**

- 1. Put on heavy boots and stomp in the snow, listening for crunching and other sounds. Don't have snow? Walk on bubble wrap taped to the floor or driveway!
- 2. Make snow! Mix 2 ½ cups of baking soda with ½ cup of white hair conditioner.
- 3. Create "snowflakes" out of marshmallows and pretzel sticks.
- 4. Catch snowflakes on your tongue.
- 5. Freeze water in a water table or empty bin and make an ice-covered surface to "skate" toys over.
- 6. Go sledding down a snow-covered hill.
- 7. Listen to the wind blow.
- 8. Exhale outside and see your breath in the air.



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